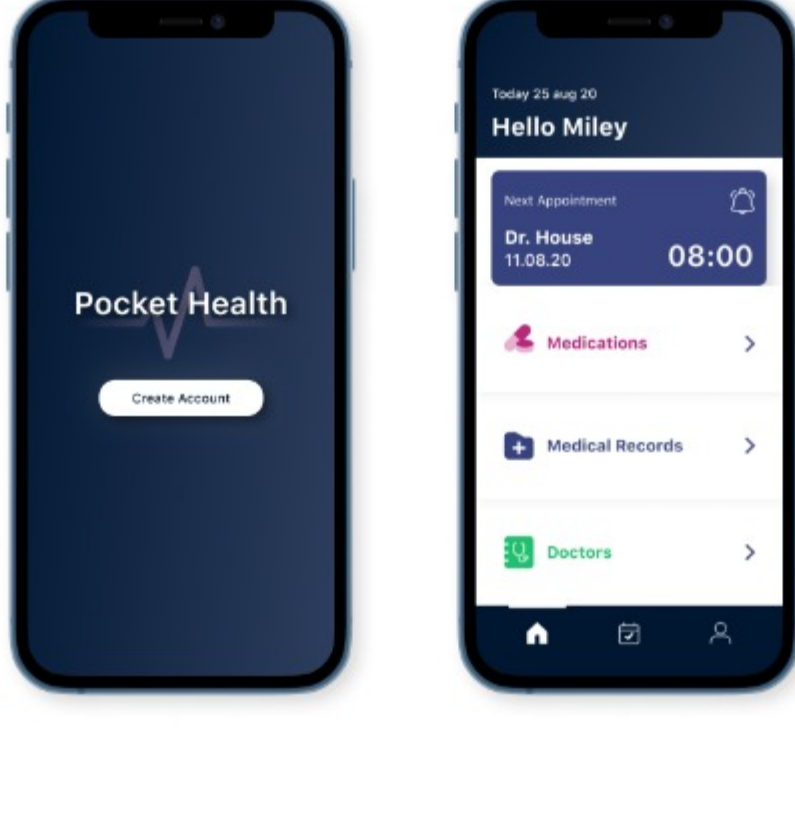


Pocket Health

A Medical Records, Organized and Always Within Reach



Introduction

Pocket Health is a mobile application designed to help users securely manage their personal medical information in one place. In an increasingly digital world, patients still struggle with fragmented health records, missed appointments, and a lack of control over their care journey. This app aims to reduce stress, eliminate organisational chaos, and empower users to take control of their health.

My Role

UI | UX Designer

Users / Clients

Working professional and chronic condition patient

Tools

Trello, Miro, Adobe Creative Suite, Figma & Zeplin

Project Duration

6 months

The Problem

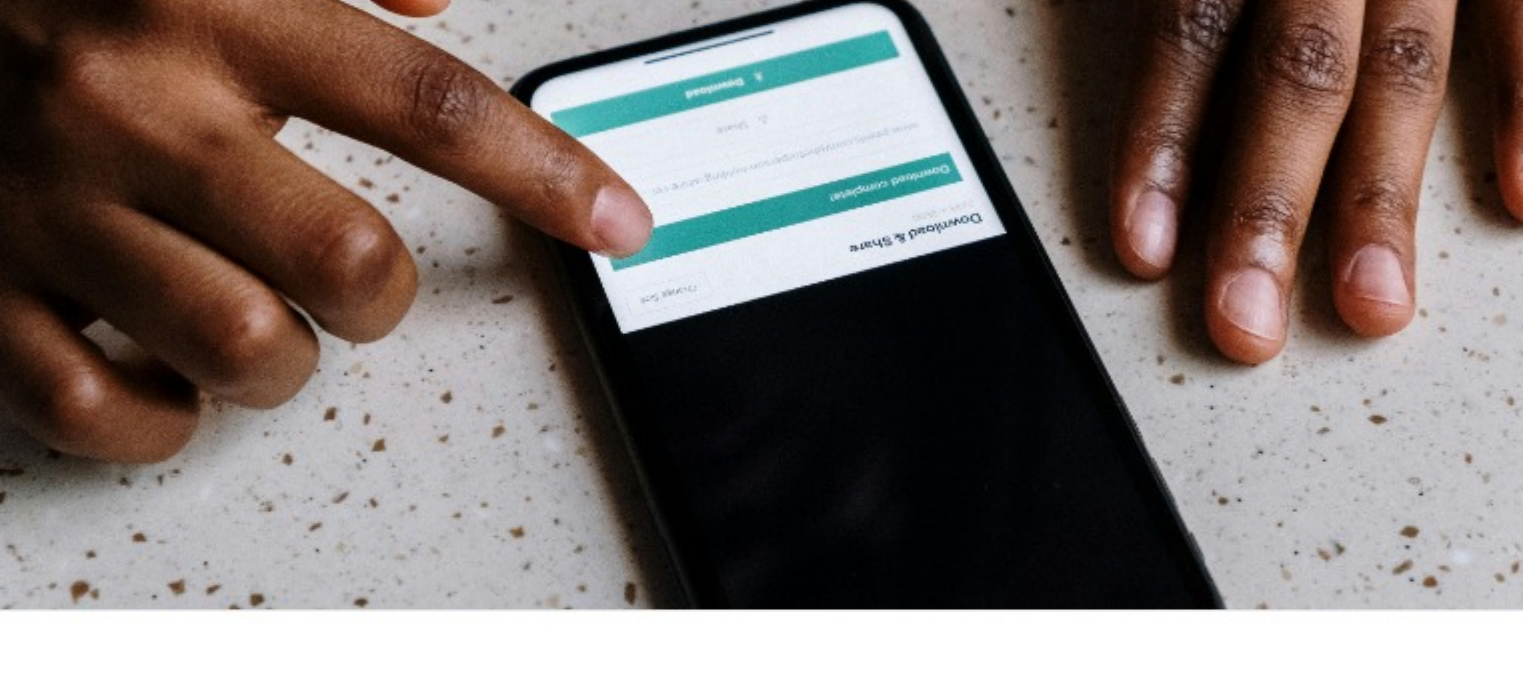
Patients often struggle to manage their healthcare information across multiple platforms, including scattered medical documents, missed or forgotten appointments, and poor communication with providers. This disorganization leads to stress, lack of control, and missed opportunities for better care.



The Solution

Pocket Health addresses these challenges by offering:

- **Document Management:** Users can upload, scan, and categorize medical documents such as lab results, prescriptions, imaging reports, and discharge summaries.
- **Appointment Scheduling & Reminders:** Allows users to track all upcoming medical appointments.
- **Staying Connected:** Users can securely share documents and stay connected with their physicians.



Outcome

90%

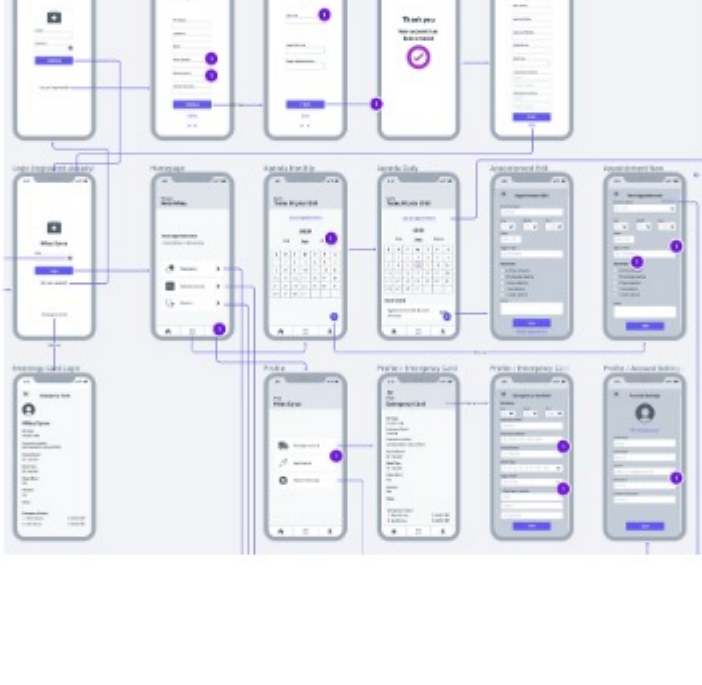
Users reported feeling more in control of their health records

80%

Users would prefer Pocket Health over their current method

UX Research

- **User Interviews:** Understanding deep pain points, behaviors, and context.
- **Surveys:** Validating trends at scale.
- **Usability Testing:** Test how well your solution solves the pain.



Competitive Audit

Pocket Health fills a clear market gap by offering a secure, intuitive, and all-in-one health management tool for users who want control over their personal medical records — whether or not they're connected to a hospital system.

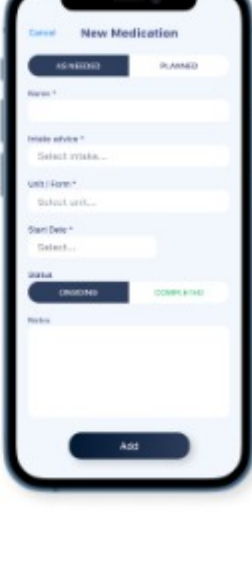
- **Opportunity for simplicity:** Many apps are built for hospitals, not everyday users. They're hard to navigate and require tech-savvy users.
- **Document management gap:** Few apps allow users to manually upload and organize documents independently from hospital systems.
- **Disconnected experience:** Competitors often separate appointments, records, and communications — forcing users to use multiple tools.

Prototype

Testing the prototype in real-world scenarios to identify strengths and areas for improvement.

New medication

This feature allows users to easily add a new medication, set its dosage and schedule. Users can customize reminder times, receive notifications, and mark each dose as taken to support adherence.



Medical calendar

Users can clearly see all their upcoming and past medical appointments in one place. The calendar supports reminders, rescheduling options - it ensure users never miss important healthcare events.

Records

Users can securely store, organize, and access their medical records anytime, anywhere. During medical appointments, users can quickly pull up relevant files to share with their doctor, answer questions, or provide context — eliminating the need to carry paper copies or rely on memory.



Results & Learning

After testing the high-fidelity prototype with 8 users from diverse backgrounds (patients, caregivers, and seniors):

- **88%** of users successfully completed key tasks like uploading a document or adding an appointment without help.
- **6 out of 8** users said the app made them feel “more organized” and “prepared” for doctor visits.

Key Learnings

- Users preferred a clean, non-clinical interface. Overwhelming layouts caused confusion, especially for older users.
- Allowing users to prioritize records helped them feel more in control of their data.